

Wanderlust

For people with a passion for travel

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General enquiries: 01753 620426, info@wanderlust.co.uk
 Subscriptions: 01753 620426, subs@wanderlust.co.uk
 Advertising: 01753 620524, sales@wanderlust.co.uk

WRITE TO US AT:

1 Leworth Place, Mellor Walk, Windsor SL4 1EB, UK
 Fax 01753 620474 Web www.wanderlust.co.uk
 ♦ Twitter @wanderlustmag ♦ Instagram @wanderlustmag
 ♦ Facebook www.facebook.com/wanderlusttravelmagazine

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Mark Carwardine, Paul Goldstein,
Alastair Humphreys & William Gray Contributing Editors
Zöe Office dog

In memory of co-founder & publisher Paul Morrison

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♦ Bruce Sawford, Bruce Sawford Licensing
 Bruce@BruceSawfordLicensing.com

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This issue was brought to you in part by...



ROBB TURNER
 Maple estate owner and author

A dedicated maple syrup disciple, Robb's knowledge of the sweet stuff went from zero to encyclopaedic after setting up his Crown Maple estate in 2010. Now, he's even crafted a syrup-themed cookbook, with his maple-bacon-cookies among some of the tastiest recipes (p16)

Mountain, desert, ocean or jungle... which are you? Mountain.

First great travel experience?

Growing up on a farm in Illinois, USA, where I'd hike all day with friends and pretend that we were native Americans living off the land.

Favourite journey?

Every winter with my family, when we visit somewhere new. Our most recent trip was to Costa Rica.

Top five places worldwide?

New York City, USA; the Great Wall of China; Bahia, Brazil; Piedmont, Italy; our Crown Maple Estate in New York's Hudson Valley.

Passport stamp you're proudest of?

Israel.

Passport stamp you'd most like to have?

It's tough to pick just one, but I'll go with Japan.

Guilty travel pleasure?

Tasting menus – I love discovering new foods from around the world.



ALISON NEWBERRY
 Trekker and photographer

Alison has two main loves: walking and photography, and she's combined them both in snappers' how-to book, *Hiking Photography*.

And on p72, she shares her top tips on how to capture your journey and the scenery beyond, so you can also shoot like a pro while out treading the trails...

Mountain, desert, ocean or jungle... which are you? Mountain.

I grew up by the ocean, but the mountains are my happy place now.

First great travel experience?

Sleeping in a room carved out of a mushroom-shaped rock in Cappadocia, Turkey.

Favourite journey?

Backpacking the 339km John Muir Trail through California's High Sierras with my husband.

Top five places worldwide?

South Africa; New Zealand; Iceland; Patagonia; the Pacific Northwest, USA.

Passport stamp you're proudest of?

Bhutan.

Passport stamp you'd most like to have?

Antarctica.
 Cold craft beer, street food, pizza and ice cream – all the things I can't carry in my backpack but crave when I'm out on the trail!



MARTIN DOREY
 Author and motorhome lover

Martin loves hitting the open road in a motorhome, and it's his mission to show they can take you anywhere, from the Arctic to the Australian outback. Anyone can do it, too, and to prove it, he's brought his best tips to the (tiny, fold-out) table, so that you can fuel your first motorhome adventure (p66)

Mountain, desert, ocean or jungle... which are you? Ocean, every time.

First great travel experience?

Going to Hong Kong to see my sister. We went to a New Year's Eve party on top of a skyscraper and I looked out and thought: 'I can travel anywhere from now on.'

Favourite journey?

I spent a week last year in a motorhome driving from Cornwall to Barra (in Scotland's Outer Hebrides), through North and South Uist and then back to the Isle of Skye, on my own.

Top five places worldwide?

Bocas del Toro Province, Panama; Outer Hebrides, Scotland; Asturias, Spain; Sri Lanka; Finland.

Passport stamp you're proudest of?

Panama.

Passport stamp you'd most like to have?

New Zealand.
 Taking a plug-in heater.

Wanderlust Mission Statement

Wanderlust aims to inform and inspire all your travel adventures. We strive to bring you the most trusted and reliable information in the world. That's why we are always upfront about whether our writers have travelled independently or with a tour company. When a tour operator has been used we always try to use those who've scored a minimum satisfaction rating of 85% from readers in our annual awards and we never guarantee positive coverage. Responsible and sustainable travel is at the heart of everything we do.



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TAKE BETTER TRAVEL PHOTOS



How do you take a hiking shot that captures not only

a story, but the essence of your wild surroundings?

Alison Newberry and **Matt Sparapani** explain how to hit the heights...

One of the best ways to experience a beautiful destination is to explore it on your own two feet. We grew to love hiking around two decades ago. Since then, we have set out to capture the classic treks of the world in pictures.

One of our favourite experiences has been a 12-day trek in Ladakh, India (pictured here). But in addition to capturing the beauty of the hike, the challenge here was to convey its essence – what walking this particular trail was like, as opposed to similar-looking settings. An effective way to do that was to include figures in the shot.

But posing someone in front of a wild landscape is not enough; to tell a story, they needed to be captured in action. The sight of a figure trailing pack-laden beasts here showed the effort required, and by framing the subject with the figures in the lower third of the frame, it helped to give scale to the grandeur of the mountains.



Alison Newberry and Matt Sparapani are the authors of *Plan & Go: Hiking Photography* (Sandiburg Press, £20.75; www.sandiburgpress.com). Out now.

1 Avoid blur

Make sure your shutter speed is fast enough to freeze the motion of the subject. Around 1/250 should be sufficient, but if you are shooting in a low light, you may need to increase your ISO. Put your camera in continuous shooting mode to capture multiple frames per second, so you don't miss the optimal pose of a moving subject.

2 Pre-focus

Getting sharp focus on a moving subject can be difficult. Use your camera's continuous focusing mode to track your subject. If time is short, you can also pre-focus on the spot where you want to capture your subject by pressing the shutter button halfway. Trigger the shutter when the subject hits the predetermined spot and crosses into the focal plane.

3 Look for leading lines

Leading lines draw viewers into the image and engage them. The strong diagonal lines in this shot encourage the viewer to travel from the line of the horses in the foreground to the foothills in the middleground, and finally up to the snow-capped Ladakh peaks in the background.

4 A sense of scale

Including people in a landscape photograph adds an element of interest to a scene, and also suggests a sense of scale. Use a large depth of field (f/16 or higher) to keep foreground, middleground and background elements in focus. Also, pay attention to the rule of thirds, when placing your subject in the frame, for more impact.

TOP TIP

Ensure your camera is accessible. Hiking-specific camera clips and shoulder harnesses let you carry your camera comfortably while also keeping it handy at all times.

5 Know your lighting

Lighting conditions can change quickly in the mountains. In bright sunlight, look for subjects that are evenly lit and have few shadows. Shoot with the sun at your back and keep your main subject out of any shadows. Always check your histogram for proper exposure, and aim to preserve details in highlights and shadows.

